

## Dealing with Stress when Selling Your Home

Let's face it. Planning events, even exciting ones like an overseas vacation, can be stressful. So, it's not surprising that some homeowners — even those thrilled about moving — can slip into “worry mode” when putting their property up for sale.

Unfortunately, this anxiety can make the process of selling an unpleasant experience. Who wants that? So here are some things you can do to reduce selling stress and enjoy the adventure.

- *Understand the selling process.* The more you know about the steps involved in selling your home, the less mysterious — and, therefore, less stressful — it will be.
- *Give yourself the time you need.* Feeling rushed and stressed comes from trying to do too much in too little time. Even if you're selling quickly, it's important to block off sufficient time in your calendar for the things you need to do.
- *Take care of yourself.* As television psychologist Dr. Phil often points out, you can't give what you don't have. When it comes to selling your home, that means you need to eat well and stay healthy, so you have the energy you need throughout the process.
- *Make your home attractive to buyers.* That not only means tidying up and doing a little home staging, it also means setting the right listing price. Nothing eliminates the stress of selling more than having flocks of qualified buyers interested in your home.



- *Get the help you need.* You don't have to do everything on your own. That's why working with me is so advantageous. I take care of the many details for my clients so that they can enjoy the journey.

Sure, there are going to be a few stressful moments. However, the process of listing and selling your property, while looking for your next dream home, can be an exciting experience.

Let me help you. Call today.

## Is it Time to Re-Shingle Your Roof?

No matter what you think of snakes, you must agree that they have a unique way of dealing with worn-out skin. When the time comes, they simply shed it — like an old jacket — revealing a fresh new skin underneath.

Your home's roof doesn't have that advantage! So, when the shingles wear out or become damaged, you need to have them replaced.

Unfortunately, it's not always easy to determine whether your shingles need replacement right away, or whether you can

hold off for another year. Assuming your home has the most common type of shingles — asphalt — here's what to look for:

- Corners upturned on some shingles.
- Missing shingles.
- Shingles lifting during high winds and not settling back into place (flat) within a day or two.
- Heavy accumulation of shingle debris (particles) in the gutters.
- Shingle bits and pieces found on the ground around your home.

- Spots on your roof that still look wet a day or two after a rainfall. (This could be a sign of water infiltration into the felt or even the roof deck.)

If you have any of these signs, be sure to have a roofing contractor take a closer look.

Before investing in a new roof, be sure to check with the retailer or contractor who supplied the original materials. Your shingles might still be under warranty.

Bottomline: Don't delay. You don't want to wait until you hear drip drip drip before taking action!

## Think, Act... Live!

“The way to get started is to quit talking and begin doing.” [Walt Disney](#)

“Don't let yesterday take up too much of today.” [Will Rogers](#)

“If you are working on something exciting... you don't have to be pushed. The vision pulls you.” [Steve Jobs](#)